

**Pre-registration is required
due to limited space.**

Conference Time:

Wednesday, September 22, 2010

Registration: 8:00 a.m.

Meeting dismissed: 4:30 p.m.

Fee:

\$60 - Early Bird (before August 31)

\$75 - Registration September 1-15

(Includes written materials, lunch and contact hours)

\$20 - Registration (no contact hours)

(includes lunch and written materials)

REGISTRATION

NAMES: _____

EMPLOYER: _____

ADDRESS: _____

PHONE: _____

e-mail: _____

Online registration available at:

www.cenlabreastfeeding.org/conference

Make checks payable to:

Central LA Breastfeeding Coalition

Mail registration and checks to:

Central LA Breastfeeding Coalition

P. O. Box 1364

Alexandria, LA 71309

Attn: Tami Moreau

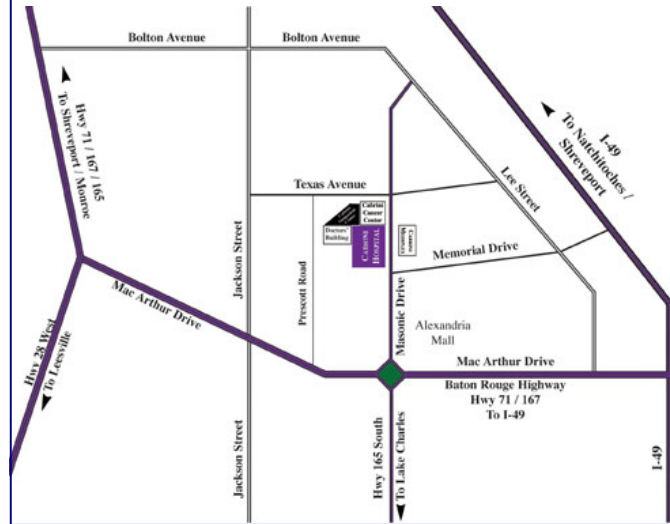
Workshop Location

CHRISTUS Cabrini Hospital Outpatient Bldg.

Conference Room 3A/3B

3330 Masonic Drive

Alexandria, LA 71301



Please contact

**Tami Moreau at (318) 451-1929 or
e-mail kbarth@cenlabreastfeeding.org
for questions regarding conference.**



Supporting Breastfeeding in the Hospital

**Wednesday,
September 22, 2010
8:00 a.m. - 4:30 p.m.**

sponsored by the

Central Louisiana
Breastfeeding
Coalition, Inc.

Supporting Breastfeeding in the Hospital

PROGRAM SCHEDULE

Wednesday, September 22, 2010

- 8:15 a.m. Welcome & Introductions
- 8:30 a.m. Composition of Breast Milk
- 9:30 a.m. Mother's Milk & Medications
(1 Pharmacology contact hour for APRNs)
- 10:30 a.m. BREAK
- 10:45 a.m. Breastmilk & LBW Infants
- 11:30 a.m. Overview of Milk Banking
- 12:00 p.m. LUNCH (provided)
- 1:30 p.m. Supporting Breastfeeding in the NICU (Near Term babies)
- 2:30 p.m. BREAK
- 2:45 p.m. Use of a Nipple Shield with a Preterm Infant
- 3:45 p.m. Safety Mechanisms in Milk Banking
- 4:15 p.m. Q & A/Evaluation

Continuing Education Credit:

Rapides Regional Medical Center is an approved provider of nursing continuing education by the Louisiana State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This course has been approved for 6.0 contact hours. L-CERPS have been applied for.

PRESENTERS:

M. Christina Glick, MD, FAAP, IBCLC -
Neonatologist with Newborn Associates in Jackson, Mississippi
Kim Updegrave, RN, CNM, MSN, MPH -
Chief Clinical & Operations Officer, Mothers' Milk Bank at Austin

Who Should Attend?

Registered nurses, nurse practitioners, OB and pediatric office nurses, physicians, IBCLCs, breastfeeding peer counselors and maternal-child health professionals.

Speaker Bio

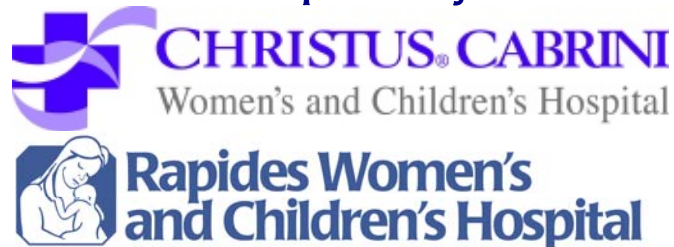
M. Christina Glick, MD, FAAP, IBCLC is a neonatologist who has had a lifelong interest in the minority and underserved populations in the rural south. She completed her undergraduate training at the University of Southern Mississippi, her medical training and pediatric residency at the University of Mississippi Medical Center in Jackson, Miss, and postdoctoral fellowship in neonatology at the University of Texas Health Sciences Center in Houston.

Currently, she is a neonatologist with Newborn Associates, a group that serves five hospitals in the central part of Mississippi. She maintains a clinical appointment at the University of Mississippi Medical Center where she was previously employed for nearly 20 years. She is past-president of the National Perinatal Association and is the Mississippi Chapter Breastfeeding Coordinator of the American Academy of Pediatrics and is a certified lactation consultant.

She served as the Director of Transcultural Development for NPA from 2001 -2008 and participated in production of the book, "Transcultural Aspects of Perinatal Health Care: A Resource Guide" and NPA's Transcultural Proficiency Training program. She lectures nationally on transcultural proficiency and breastfeeding advocacy.

She has three grown children and lives with her husband Eddie Guillot, Jr. in Jackson.

Co-sponsored by:



OBJECTIVES:

At the conclusion of this program the participant will be able to:

1. Describe the contents of human breast milk and the beneficial effects of each.
2. Discuss the adverse effects of artificial feedings on term infants.
3. List the lifelong benefits for mother and baby of exclusive breastfeeding.
4. Discuss the principles of drug passage into human milk.
5. Identify potentially hazardous drugs for the breastfeeding infant.
6. Relate references for medications and mother's milk.
7. Discuss importance of human milk needs for the NICU patient.
8. Describe the use of human milk fortifiers in the preterm infant.
9. List strategies for maintenance of milk supply during the NICU stay.
10. Describe breastfeeding difficulties faced by the mother/infant dyad in late preterm birth.
11. Discuss strategies for increasing milk supply in the late preterm infant.
12. Discuss immaturity of the suck/swallow process and its effect on breastfeeding success or failure.
13. Relate historical factors that led to contemporary nonprofit milk banking.
14. Describe the screening requirements for donors of human milk.
15. Describe the processing of donor human milk.
16. List six common uses for donor human milk and benefits to premature and ill infants.